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Meditations on fatherhood from the author of Jerusalem: Chronicles from the Holy City With A User's Guide to Neglectful Parenting, the trademark dry humor that pervades Guy Delisle's landmark and praised graphic travelogues takes center stage. Quick, light vignettes play on the worries and cares any young parent might have, and offer wry solutions to the petty frustrations of being a dad who works from home. Readers familiar with Delisle's stranger-in-a-strange-land technique for storytelling (employed in Jerusalem, Pyongyang, Burma, and Shenzhen) will recognize the titular parent in this book; Delisle's travelogues were simultaneously portraits of complex places and times, and portraits of a stay-at-home dad's ever-changing relationship with his children while his wife is out working for Doctors Without Borders. The relationship between young child and all-too-irony-aware parent is beautifully done here, and Delisle's loose flowing style has been set free, creating a wonderful sense of motion throughout. A User's Guide to Neglectful Parenting is an intimate, offbeat look at the joys of parenting. Presenting a comprehensive resource for the mastery of network analysis in R, the goal of Network Analysis with R is to introduce modern network analysis techniques in R to social, physical, and health scientists. The mathematical foundations of network analysis are emphasized in an accessible way and readers are guided through the basic steps of network studies: network conceptualization, data collection and management, network description, visualization, and building and testing statistical models of networks. As with all of the books in the Use R! series, each chapter contains extensive R code and detailed visualizations of datasets. Appendices will describe the R network packages and the datasets used in the book. An R package developed specifically for the book, available to readers on GitHub, contains relevant code and real-world network datasets as well. In this new era, the Internet has changed the ways of doing business activities, learning methods, teaching strategy, communication styles and

social networking. This book attempts to answer and solve all the mysteries entangled with the Web world. Now in its second edition, the book discusses all the updated topics related to the Internet. Beginning with an overview of the Internet, the book sails through the evolution and growth of the Internet, its working, hardware and software requirements, protocols used, e-mail techniques, various Internet security threats and the methods of using and configuring different security solutions, file transfer methods and several other Internet services with all the details illustrated through live screenshots. Presented in a simple yet engaging style and cogent language, this book will be useful for any course introducing students to the Internet or where the Internet is a part of the curriculum. It will also immensely benefit all those who are interested in developing the necessary skills to use the Internet. WHAT IS NEW TO THIS EDITION : Chapters on Internet Telephony and Web Conferencing, Blogs and Social Networking Inclusion of topics such as Web 2.0, Web 3.0 technologies, IPv6, VoIP, Wikis, SMS and Blogs Detailed features of the newest Internet tools and software applications including open-source, free and cross-platform types Comprehensive and updated Internet dictionary acquainting with the Web world terminologies This definitive, 21st-century handbook answers all the questions that many people are frightened to ask, and was written to educate and entertain both the novice and experienced user alike. Complete with history, ways to enjoy, recipes, safety and legality tips, and medical-use information, this witty guide is perfect for the new world of decriminalised recreational marijuana. Popular Culture: A User's Guide, International Edition ventures beyond the history of pop culture to give readers the vocabulary and tools to address and analyze the contemporary cultural landscape that surrounds them. Moves beyond the history of pop culture to give students the vocabulary and tools to analyze popular culture suitable for the study of popular culture across a range of disciplines, from literary theory and cultural studies to philosophy and sociology Covers a broad range of important topics including the underlying socioeconomic structures that affect media, the politics of pop culture, the role of consumers, subcultures and countercultures, and the construction of social reality Examines the ways in which individuals and societies act as consumers and agents of popular culture Explores the relationships between meaning, thought, and language and how they influence how people process the world around them, covering topics such as free will, consciousness, experience, and rationality. From the bestselling author of Team of Teams and My Share of the Task, an entirely new way to understand risk and master the unknown. Retired four-star general Stan McChrystal has lived a life associated with the deadly risks of combat. From his first day at West Point, to his years in Afghanistan, to his efforts helping business leaders navigate a global pandemic, McChrystal has seen how individuals and organizations fail to mitigate risk. Why? Because they focus on the probability of something happening instead of the interface by which it can be managed. In this new book, General McChrystal offers a battle-tested system for detecting and responding to risk. Instead of defining risk as a force to predict, McChrystal and coauthor Anna Butrico show that there are in fact ten dimensions of control we can adjust at any given time. By closely monitoring these controls, we can maintain a healthy Risk Immune

System that allows us to effectively anticipate, identify, analyze, and act upon the ever-present possibility that things will not go as planned. Drawing on examples ranging from military history to the business world, and offering practical exercises to improve preparedness, McChrystal illustrates how these ten factors are always in effect, and how by considering them, individuals and organizations can exert mastery over every conceivable sort of risk that they might face. We may not be able to see the future, but with McChrystal's hard-won guidance, we can improve our resistance and build a strong defense against what we know—and what we don't. Why are there morning people and night people? How come time flies when you're having fun and three minutes can sometimes seem an eternity? Would time exist if we didn't measure it and why is there never enough of it? Our modern lives are ruled by minutes and hours. We race from one thing to the next, all of us believing on some level that a mysterious cosmic force called time is ticking on. And it's always in short supply. But is the time we live really like that? Could there in fact be another, alternative version, entwined with the official one? Here Stefan Klein explores the hidden dimensions of time, looking at everything from when the present becomes the past to the tribe that see the future backwards, from when sex is best to why the years seem to speed by as we age. And he reveals how we can learn to live in harmony with the secret clock within us, altering our perceptions to transform our lives. To be enjoyed in the morning or the evening (depending on your body clock), this book will make you think the next time you check your watch and maybe even slow down a little.

From the internationally bestselling author and prizewinning economist—a highly original guide to the global economy. In his bestselling *23 Things They Don't Tell You About Capitalism*, Cambridge economist Ha-Joon Chang brilliantly debunked many of the predominant myths of neoclassical economics. Now, in an entertaining and accessible primer, he explains how the global economy actually works—in real-world terms. Writing with irreverent wit, a deep knowledge of history, and a disregard for conventional economic pieties, Chang offers insights that will never be found in the textbooks. Unlike many economists, who present only one view of their discipline, Chang introduces a wide range of economic theories, from classical to Keynesian, revealing how each has its strengths and weaknesses, and why there is no one way to explain economic behavior. Instead, by ignoring the received wisdom and exposing the myriad forces that shape our financial world, Chang gives us the tools we need to understand our increasingly global and interconnected world often driven by economics. From the future of the Euro, inequality in China, or the condition of the American manufacturing industry here in the United States—*Economics: The User's Guide* is a concise and expertly crafted guide to economic fundamentals that offers a clear and accurate picture of the global economy and how and why it affects our daily lives. Causation is at once familiar and mysterious—we can detect its presence in the world, but we cannot agree on the metaphysics of the causal relation. L. A. Paul and Ned Hall guide the reader through the most important philosophical treatments of causation, and develop a broad and sophisticated understanding of the issues under debate. A lighthearted examination of the inner workings of the human mind makes recommendations for quick techniques for reestablishing psychological balance in the face of stress, anxiety and other mood disorders, outlining

specific strategies for goal-setting, prioritizing and tracking personal progress. Original. Updated and expanded from one of the most popular grammar sites on the web, this book provides a modern guide to English usage for the 21st century. With topics arranged alphabetically and written in an enjoyable and readable tone, The English Language: A User's Guide will help students and writers understand the nature of the language, explaining the 'why' of the rules as well as what constitutes good grammar and style. Going beyond the prescriptive wrong /right examples, Jack Lynch includes examples of weak/strong, good/better, disputed/preferred, and informal/formal usage. Text for graduate students explains how to determine material properties and parameters for inaccessible substrates and unknown films as well as how to measure extremely thin films. 1993 edition. In the decade and a half since the publication of the Second Edition of A User's Guide to Vacuum Technology there have been many important advances in the field, including spinning rotor gauges, dry mechanical pumps, magnetically levitated turbo pumps, and ultraclean system designs. These, along with improved cleaning and assembly techniques have made contamination-free manufacturing a reality. Designed to bridge the gap in both knowledge and training between designers and end users of vacuum equipment, the Third Edition offers a practical perspective on today's vacuum technology. With a focus on the operation, understanding, and selection of equipment for industrial processes used in semiconductor, optics, packaging, and related coating technologies, A User's Guide to Vacuum Technology, Third Edition provides a detailed treatment of this important field. While emphasizing the fundamentals and touching on significant topics not adequately covered elsewhere, the text avoids topics not relevant to the typical user. Building a better future locally and globally is the topic of this user's guide written by a diverse collaborative of innovators. "Worldchanging" demonstrates that the means for making a difference lie all around. A Circular Economy seeks to rebuild capital, whether this is financial, manufactured, human, social or natural, and offers opportunities and solutions for all organisations. This book, written by Walter Stahel, who is widely recognised as one of the key people who formulated the concept of the Circular Economy, is the perfect introduction for anyone wanting to quickly get up to speed with this vitally important topic for ensuring sustainable development. It sets out a new framework that refines the concept of a Circular Economy and how it can be applied at industrial levels. This concise book presents the key themes for busy managers and policymakers and some of the newest thinking on the topic of the Circular Economy from one of the leading thinkers in the field. Practical examples and case studies with real-life data are used to elucidate the ideas presented within the book. Using power well is more than a matter of good intentions. The path toward ethical, authentic, and effective use of power starts with this book. Combining cutting-edge psychological theory with practical exercises, real-world accounts of leadership challenges, and the author's personal stories from her career as a facilitator and coach, it aims to develop the reader's external authority to navigate high power roles and responsibilities, and to find personal power within.--Publisher Take control of your personal finances with this concise, timely and indispensable guide, from acclaimed money expert Laura Whateley. Expert Drinking Made Easy This engaging guide demystifies the art

of ordering, preparing, and serving wine, beer and cocktails so you can drink like a boss every time. You'll learn how to: Equip and stock a home bar Make a flawless martini Order wine without dying a little inside Choose a delicious sparkling wine instead of springing for Champagne Buy Scotch for the boss, and for yourself Whether you're hosting a cocktail party, attending a business lunch, or relaxing with friends at the local brewery pub, you'll gain the confidence to know exactly what you love to drink and serve. And if you want to know how to mix an Old Fashioned on an airplane, that's in there too. Bottoms up!

Detection Theory is an introduction to one of the most important tools for analysis of data where choices must be made and performance is not perfect. Originally developed for evaluation of electronic detection, detection theory was adopted by psychologists as a way to understand sensory decision making, then embraced by students of human memory. It has since been utilized in areas as diverse as animal behavior and X-ray diagnosis. This book covers the basic principles of detection theory, with separate initial chapters on measuring detection and evaluating decision criteria. Some other features include: *complete tools for application, including flowcharts, tables, pointers, and software; *student-friendly language; *complete coverage of content area, including both one-dimensional and multidimensional models; *separate, systematic coverage of sensitivity and response bias measurement; *integrated treatment of threshold and nonparametric approaches; *an organized, tutorial level introduction to multidimensional detection theory; *popular discrimination paradigms presented as applications of multidimensional detection theory; and *a new chapter on ideal observers and an updated chapter on adaptive threshold measurement. This up-to-date summary of signal detection theory is both a self-contained reference work for users and a readable text for graduate students and other researchers learning the material either in courses or on their own.

400 years after *The Anatomy of Melancholy*, this book guides readers through Renaissance medicine's disease of the mind. From Nick Capodice & Hannah McCarthy, the hosts of New Hampshire Public Radio's *Civics 101*, and New Yorker cartoonist Tom Toro, *A User's Guide to Democracy* is a lively crash course in everything you should know about how the US government works. Do you know what the Secretary of Defense does all day? Are you sure you know the difference between the House and the Senate? Have you been pretending you know what Federalism is for the last 20 years? Don't worry--you're not alone. The American government and its processes can be dizzyingly complex and obscure. Until now. Within this book are the keys to knowing what you're talking about when you argue politics with the uncle you only see at Thanksgiving. It's the book that sits on your desk for quick reference when the nightly news boggles your mind. This approachable and informative guide gives you the lowdown on everything from the three branches of government, to what you can actually do to make your vote count, to how our founding documents affect our daily lives. Now is the time to finally understand who does what, how they do it, and the best way to get them to listen to you.

A User's Guide to Capitalism and Schizophrenia is a playful and emphatically practical elaboration of the major collaborative work of the French philosophers Gilles Deleuze and Felix Guattari. When read along with its rigorous textual notes, the book also becomes the richest scholarly treatment of Deleuze's entire philosophical oeuvre available in

any language. Finally, the dozens of explicit examples that Brian Massumi furnishes from contemporary artistic, scientific, and popular urban culture make the book an important, perhaps even central text within current debates on postmodern culture and politics. Capitalism and Schizophrenia is the general title for two books published a decade apart. The first, Anti-Oedipus, was a reaction to the events of May/June 1968; it is a critique of "state-happy" Marxism and "school-building" strains of psychoanalysis. The second, A Thousand Plateaus, is an attempt at a positive statement of the sort of nomad philosophy Deleuze and Guattari propose as an alternative to state philosophy. Brian Massumi is Professor of Comparative Literature at McGill University. Dr John Ratey explores the brain's most important systems, the role they play in determining how we interact with the world and ways in which we can influence their operations for the better. Amazing examples of how the brain works are used throughout. The fundamental premise of Thinkback--based on overwhelming scientific evidence--is that intelligence is not fixed at birth and that, with consistent effort, we can dramatically improve our capacities. It counters the claims of some psychologists that it is impossible to increase intelligence because that ability is determined at birth. Thinkback builds on the Think Aloud strategies in Arthur Whimbey and Jack Lochhead's popular and widely used volume, Problem Solving & Comprehension, now in its sixth edition. Since its publication, thousands of students have used these techniques for improving thinking and analytic reasoning to increase test scores, win National Merit Scholarships, and gain admission to top-ranked professional schools. Now, Thinkback shows how these powerful strategies can be applied to a range of important academic areas including mathematics, language arts, social studies, and science. Thinkback is a tool for student empowerment--a strategy they can use to improve both their ability to think and their ability to learn. The Thinkback classroom, on the other hand, is a design for teacher liberation--enabling them to see learning more clearly than they ever could before. This is the only book currently available that contains detailed models of metacognitive dialogues in the classroom. These dialogues enable teachers and teacher educators to observe thinking processes that have previously been invisible and undetectable. Based on over 20 years of careful cognitive research, the dialogues provide teachers with important insights into the nature of thinking and problem solving. Thinkback is a picture window on the working mind. This book: Describes the Thinkback strategy for making thinking strategies explicit, easy to teach, and easy to learn. Includes numerous detailed examples that demonstrate the Thinkback technique. Six quite different learning strategies--deri Tea: A User's Guide is the most up-to-date and factual guide to specialty tea. This volume presents an extensively peer-reviewed framework for navigating the world of tea whether you are just embarking on your tea journey or whether you have been drinking tea your entire life. In this book, you'll discover: How tea is grown and processed. How so many tea products are derived from a single species of plant. What chemical changes occur in tea leaves during processing. How 130 famous teas from around the world are classified. How to expertly prepare and evaluate tea. This book is specifically designed for the user who wishes expanded use of ellipsometry beyond the relatively limited number of turn-key applications. The book provides a concise

discussion of theory and instrumentation before describing how to use optical parameters to determine material properties and optical parameters for inaccessible substrates and unknown films, and how to measure extremely thin films. The book also addresses polysilicon, a material commonly used in the microelectronics industry, and the effect of substrate roughness. This book's concepts and applications are reinforced through the 14 case studies that illustrate specific applications of ellipsometry from the semiconductor industry as well as studies involving corrosion and oxide growth. Allows the user to optimize turn-key operation of ellipsometers and move beyond limited turn-key applications Provides comprehensive discussion of the measurement of film thickness and optical constants in film Discusses the trajectories of the ellipsometric parameters Δ and Ψ and how changes in the materials affect the parameter Includes 14 case studies to reinforce specific applications Includes three appendices for helpful references Engineering careers. Engineering disciplines. Engineering problem solving. Engineering problem-solving tools. Technical communications. Many technical books about plastics are too theoretical and difficult to read. The intention of this book is to offer something completely different: it is easy to read with many examples taken from everyday life. It is suitable for readers at secondary school and university levels, and can be used for training activities in industry as well as for self-studies. Included are over 600 color images to illustrate the wide variety of plastics and process workflows used today. The book also contains a number of computer-based tools that can be downloaded from the author's website. With comprehensive coverage, this is probably the most versatile plastics handbook ever written! New in the second edition are much-expanded content (new chapter) on extrusion, new color figures, a new layout, and corrections throughout. A bonus download of working Excel tools is provided to supplement the book content. This reissued third edition of A User's Guide to View Camera introduces photographers to large-format cameras, covering their use with both film and digital capture. Readers will learn the anatomy of cameras with a separately adjustable back or front, the proper techniques for using view cameras, and how to take care of large-format cameras—all through straightforward and practical instruction and abundant visual examples. This latest edition features:

- Practical approaches to mastering lenses, shutters, accessories, and the ever-important maintenance of your view camera
- Tips for both simple operation and advanced control of the camera, including film holders, bellows, and tripods, and film handling and development
- A section on digital equipment, offering updates on the nearly 200-year-long history of the view camera

How we can evade, protest, and sabotage today's pervasive digital surveillance by deploying more data, not less—and why we should. With *Obfuscation*, Finn Brunton and Helen Nissenbaum mean to start a revolution. They are calling us not to the barricades but to our computers, offering us ways to fight today's pervasive digital surveillance—the collection of our data by governments, corporations, advertisers, and hackers. To the toolkit of privacy protecting techniques and projects, they propose adding obfuscation: the deliberate use of ambiguous, confusing, or misleading information to interfere with surveillance and data collection projects. Brunton and Nissenbaum provide tools and a rationale for evasion, noncompliance, refusal, even

sabotage—especially for average users, those of us not in a position to opt out or exert control over data about ourselves. Obfuscation will teach users to push back, software developers to keep their user data safe, and policy makers to gather data without misusing it. Brunton and Nissenbaum present a guide to the forms and formats that obfuscation has taken and explain how to craft its implementation to suit the goal and the adversary. They describe a series of historical and contemporary examples, including radar chaff deployed by World War II pilots, Twitter bots that hobbled the social media strategy of popular protest movements, and software that can camouflage users' search queries and stymie online advertising. They go on to consider obfuscation in more general terms, discussing why obfuscation is necessary, whether it is justified, how it works, and how it can be integrated with other privacy practices and technologies. "Why don't women tell jokes?" "Because we marry them." Kathy Lette has gathered together the very finest of her sparkling witticisms in this tongue-in-cheek guide to men. Devastatingly funny and more than a little outrageous, Kathy offers up advice ("if he wants breakfast in bed, tell him to sleep in the kitchen"), her inimitable insights into the battle of the sexes ("statistically, 100% of divorces begin with marriage") and some scathing observations of the decidedly less fair sex ("all husbands think they're Gods. If only their wives weren't atheists"). The perfect gift for women who like to shoot straight from the lip. *Deconstructions: A User's Guide* is a new and unusual kind of book. At once a reference work and a series of inventive essays opening up new directions for deconstruction, it is intended as an authoritative and indispensable guide. With a helpful introduction and specially commissioned essays by leading figures in the field, *Deconstructions* offers lucid and compelling accounts of deconstruction in relation to a wide range of topics and discourses. Subjects range from the obvious (feminism, technology, postcolonialism) to the less so (drugs, film, weaving). Backed up by an unusually detailed index, this User's Guide demonstrates the innumerable and altering contexts in which deconstructive thinking and practice are at work, both within and beyond the academy, both within and beyond what is called 'the West'. *A User's Guide to Copyright* is intended as a guide and a reference work on all aspects of copyright, including ownership, transmission, and licensing. This book also deals with the more straightforward copyright problems that arise and explores copyright law as it applies to certain organizations, businesses, and people for whom copyright plays an important part in their daily life, from publishers and printers to libraries, schools, music industry, film industry, television and radio stations, computer software and firmware, and character merchandising. This book is comprised of 29 chapters divided into two sections and begins with an overview of copyright law, paying particular attention to the basic rules of copyright, statutes and statutory instruments, and Copyright Act 1956. The reader is then introduced to copyright works encompassing literature, drama, music, and the arts as well as sound recordings, cinematograph films, and television and radio broadcasts. The following chapters discuss the concept of originality, breach of confidence, and publication in relation to copyright. Infringement of copyright is also considered, along with exceptions and defenses to copyright actions; the law on industrial designs; and the uses of copyright

in fields such as publishing, music, libraries, performing arts, and architecture. This monograph is designed to assist people whose work involves them in day-to-day dealings with copyright. Spectral sequences are among the most elegant and powerful methods of computation in mathematics. This book describes some of the most important examples of spectral sequences and some of their most spectacular applications. The first part treats the algebraic foundations for this sort of homological algebra, starting from informal calculations. The heart of the text is an exposition of the classical examples from homotopy theory, with chapters on the Leray-Serre spectral sequence, the Eilenberg-Moore spectral sequence, the Adams spectral sequence, and, in this new edition, the Bockstein spectral sequence. The last part of the book treats applications throughout mathematics, including the theory of knots and links, algebraic geometry, differential geometry and algebra. This is an excellent reference for students and researchers in geometry, topology, and algebra. Praise for the previous edition: "Recommended for specialists and non-specialists alike." - American Journal of Psychology

At the most critical times, especially during negotiations and arguments, memory can fail. Some people can quickly recall faces, but names and dates are easily forgotten. Your Memory explains how memory works and how to make it more reliable. This book is full of useful information and advice, and practical exercises for improving the quality and capacity of memory. Combining anecdotes and exercises with scientific developments and statistics, the book presents this complex topic in a highly accessible way. The author covers a range of issues, such as why a natural system of classifying, storing and retrieving information that exceeds the capacity of a computer can, at times, also forget a phone number. Your Memory tackles all the fundamental questions about memory and provides answers and solutions for the person who always seems to forget that all-important anniversary date. The definitive guide to kindness - a book full of inspirational ideas, quotes and famous acts of kindness, at a time when we need it most. "If you see someone without a smile today, give 'em yours." Dolly Parton This empowering guide to kindness will inspire you to make a real difference to your life and the lives of others. Inside you'll find: - over 50 stories about famous - and not so famous - acts of kindness, from Jacinda Ardern's empathetic leadership during the Coronavirus pandemic to Marcus Rashford's determination to support underprivileged children, and the real story of the WWI Christmas Truce. - suggestions for acts of kindness you can carry out yourself, to improve the lives of those around you - quotes about kindness to help encourage change, from people like Kamala Harris, Beyonce and RuPaul This is the perfect gift for yourself or for a friend - because Kindness is Power.

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